

SUN SMOOTHIEBRDUO



Preparation : 5 min - **Resting :** -- **Cooking :** -- **Equipment :** Juice extractor & SmoothieMix kit

Ingredients : 6 glasses

- 2 pink grapefruit - 1 banana - ice cubes - 1 yellow nectarine - 1 pinch of ground ginger

1. Peel the banana and the nectarine. Process the banana followed by the nectarine using the Smoothiemix.
2. Remove the Smoothiemix and position the citrus press.
3. Extract juice from the grapefruits. Mix the juices and add ice cubes.
4. Serve straightaway.

Chef's tip :

You can also peel the grapefruit and process them in the Smoothiemix.

Duo XL ■

Duo Plus XL ■