

GREEN CAKE



Preparation : 5 min - **Resting :** -- **Cooking :** 30 min - **Equipment :** Juice extractor & SmoothieMix kit

Ingredients : 6

- 8 average size apples - 2 glasses* of flour - 1 ½ glasses of sugar - 1 sachet of baking powder - icing sugar - 3 eggs - 1 glass of oats - 1 glass of oil - 1 pinch of cinnamon - 200 G =1 glass

1. Core the apples and process them in the juicer. Drink the juice or use it to make sorbet. Pre-heat your oven to 180°C (Gas Mark 4).

2. Recover all the apple pulp from the juice extractor basket.

3. Add all the ingredients leaving the flour for last. Mix thoroughly (it is normal if the batter is a little elastic).

4. Grease a cake tin and pour in the batter. Smooth the surface and put into the oven for approx. 30 min. Allow it to cool and sprinkle with icing sugar and cinnamon.

Chef's tip :

Nothing is wasted as everything is recycled. And it is delicious!

