

## DIGESTION BOOSTERBRDUO



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**Preparation :** 5 min - **Resting :** - - **Cooking :** - - **Equipment :** -

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**Ingredients :** 2 glasses

- 1 large slice white cabbage - 4 sprigs mint - 1/2 pineapple - 1 cm fresh ginger
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1. Peel the pineapple and process all the ingredients in the juicer or the Smoothiemix, starting with the mint, then the pineapple and ginger, and lastly the cabbage. Enjoy.

Duo XL ■

Duo Plus XL ■