

BEETROOT, ORANGE CUMIN



Preparation : 5 min - **Resting :** -- **Cooking :** -- **Equipment :** SmoothieMix

Ingredients : 6 glasses

- 6 small cooked beetroots - Ground cumin - 1 orange - Salt & pepper

1. Peel the beetroots and peel the orange.
2. Put through the Smoothiemix. Stir in the cumin, salt and pepper.

Chef's tip :

Serve as an appetiser with pan-fried jumbo prawns.